Council No. 8599 P.O. Box No. 387 Cypress, CA 90630

DATED MATERIAL

KNIGHTS OF COLUMBUS

DISTRICT #96 & DIVISION 5

CYPRESS COUNCIL

http://www.kofc8599.org



8599 Council's 28th Year





July 2013

Council Officers	Page 2
Sick & Distressed	3
Grand Knights Message	4
Donate Your Car	4
Chaplain's Corner	5
Program Director's Report	6
Roll Call	6
Attendance Drawing Winner	7
Financial Secretary's Report	7
Calendar	8
Month's Activities	9
Bulletin On-Line Information	9
Justice & Peace Chairman	10
Pro-Life Information	11
Membership Director	12
K of C Insurance Message	13
TCB Ad	14
Council PGK's	14
Director's & Chairman	15
Attendance Drawing	16
Council Supported Seminaria	n's 16
Advertiser's	16

COUNCIL OFFICERS

Grand Knight	Peter A. Morales	402-8814
Chaplain	drsafe88@gmail.com Fr. Venancio Amidar	826-0760
	frven@sticypress.org	3_3 3,33
Deputy Grand Knight	Virgil Smith	293-0739
Chancellor	Rolando Arenz rollya@verizon.net	(562) 924-5335
Warden	Inan Herrmann inanhe@aol.com	398-6655
Recorder	Frank Faecke Faj8930@sbcglobal.net	952-2420
Financial Secretary	Michael W. Morris Mw_morris@verizon.net	(562) 366-1537
Treasurer	Michael Mercer	821-4276
Advocate	mmercer@airtreatment.com Bobby Velasquez PGK, PFN, bvelasquez@roadrunner.com	PDD, DM 761-5731
I 1. C 1		052 2000(II) 002 (110(G)
Inside Guard	James Bowler	952-3809(H) 803-6119(C)
Outside Guard	John A. Oliver oliverexec@aol.com	527-5709
1Year Trustee	Kenneth Peterson PGK * kandkpete@ca.rr.com	527-2671(H) 815-3794(C)
2 year Trustee	Lloyd Duronslet PGK *	826-6977(H) 812-1126(C)
3Year Trustee	William J. Serb III PGK* serbthe3rd@att.net	826-6029
Lecturer	Joe Bogdanovich	(310) 493-7255
Insurance Advisor	Joe.Bogdanovich@biworldwide.com Michael D. Doss Michael.doss@kofc.org	(562) 728-3601
District Deputy	Steve Bolton DD96 Sbolton293@aol.com	222-6880
* Note*	05011011290@d01.00111	

* Note*

These Knights are designated as Alternate Delegates, their duty is to fill in for the GK or DGK when they are unable to carry out their duties such as attending meeting.

Sick & Distressed



PLEASE REMEMBER THESE BROTHER KNIGHTS, THEIR LADIES, RELATIVES AND FRIENDS IN YOUR PRAYERS.

R.I.P.

Sir Knight Carl M. Cholewinski PGK - Cypress Council Maryis Oej – Rolly Arenz's Friend Gene Miles – Dolores Navarro's Sister Sir Knight John Montreal Phil Greigo Marm Arcos

SPECIAL INTENTIONS FOR BROTHER KNIGHTS

Fr. Moses Paul Purtell (cancer) John Oliver

SPECIAL INTENTIONS FOR RELATIVES AND FRIENDS

Cindy Jones, Diane Jones, Bruce Schmidt, Sister Rita John Tomaka, Jeff Lee, Emily & Tony Kulassia, Irene Hoffenberg - John Oliver's Friend's & Family Charlotte (cancer) – Robert L. Escobar's Wife Joseph Perez – José Perez's Son
Sally Gamble (cancer), Roberta Eitner – Henry Negrete's Daughter's Maureen Lewis (terminal cancer) – Friend of Bill & Neomi Serb Don Onie Staff Sergeant USMC (lost leg in Afghanistan 5-10-2013)
Theresa Griego – Leo Grigo's Family
Ann Teitch, Mark Betancourt – Leo Fernandez's Family Edie Dew – Ron Trembley's Friend
Justin Dennis – Ton Nagle PGK's Friend

THE GRAND KNIGHT

K of C

Dear Brothers,

I hope all of you Brother Knight's had a Happy Fathers Day.

I want to thank all of the Knights who, so unselfishly, dedicated many hours to the St Irenaeus parish activities this past month. The Council operated the Sausage and the Philly Cheese steak booth's at the church's annual Fiesta. Several Knights under the expert direction of Brother Bill Serb, installed the electrics, maintained the lighting and other electrical equipment during the Fiesta and returned after the event to dismantle and store the equipment for next year.

The Knights with the guidance of Brother Jim Bowler, prepared a pancake breakfast that was served after the masses on the following Sunday to welcome new Parishioners to St Irenaeus to make them feel comfortable in their new home. The Parish Welcoming Committee asked the Council to work with them in making the new families more familiar with the different Ministries and to meet new friends

Many of our Knights severed all the weekday funeral Masses at St.Irenaeus for the month with the honor and dignity due the families of the deceased. We all know we will continue to work cooperatively with the other Ministries to make St Irenaeus and our Council stand as positive examples for the Diocese of Orange.

God Bless you all, $_{\text{KP}}$



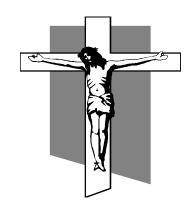
Donate Your Car

[TRUCK - BOAT - RV - TRAILER - ETC.]
TO YOUR COUNCIL

We (Your church) get the funds – You get the write-off

(714) 995-6141 - (714) 952-2420

COUNCIL CHAPLAIN'S CORNER



May God Bless America

The Constitution of the United States guarantees us that the government will protect the rights of its people. Our nations freedom depends largely on a strong Constitution. The Bible reaches far beyond what the Constitution and the Declaration of Independence offers us. It originated with God and His sovereignty and offers us freedom from the penalty of sin.

Almost 2,000 years ago Christ took our place on Calvary and died for our sins. In doing so He set us free for all eternity. When the Lord Jesus cried out from the cross "It is finished," He was proclaiming the believers "Declaration of Independence." *Galatians 5:1 Stand fast therefore in the liberty by which Christ has made us free Palms 33:12 Blessed is the nation whose God is the Lord.*

Salivation is costly but absolutely Free

NSS



DEPUTY GRAND KNIGHT & PROGRAM DIRECTOR



Dear Brother Knights,

I want to thank you for electing me as your new Deputy Grand Knight. I see that I have some big shoes to fill. I will certainly do my best.

We hold our monthly Officer's Meeting on the first Wednesday of the month, which is the 3rd this month. Although it is our Officer Meeting any member is welcome to attend if they have some input or just want to observe the proceedings. It is held in the conference room next to the church hall. We will have our regular Business Meeting on the 10th of July and the Installation of Officers after the 8:00am Mass on Sunday the 14th of July in the church hall. Adoration as always is held on the 13th. Also on the 13th The Chapter is holding an officer training class for new council officer's from 9am to noon at the Blessed Sacrament Parish Hall. H.O.P.E. bagging will be the 19th and 27th this month starting at 8:30am at the church garages. We welcome everyone to help.

To all of you that helped at our Sausage and Philly Cheese Steak booths at the Fiesta, **THANK YOU!** It was a great success because of you. As the overwhelming support grows, so will our accomplishments!

July brings an important holiday for all of us, the celebration of our independence. I wish all you brother's a safe and happy holiday.

Virgil Smith Deputy Grand Knight & Program Director



THOSE IN

ATTENDANCE

AT THE JUNE BUSINESS MEETING

Peter Morales GK Virgil Smith William Torrescano Jim Bowler John Oliver Leonardo Fernandez George Limar Tom Nagle PGK Carl Heinz Bobby Velasquez PGK, PFN, PDD, DM Bob Marsh Bernie Romero Bill Serb PGK George Del Hierro Frank Faecke Fred Navarro George Mergl Henry Negrete Michael Mercer Dr. Modesto Paredeś James King Jr. Lloyd Ferry José Perez Leo Griego Irvin Cuevas Joe Bogdanovich Inan Herrmann Louis Cianciosi Bob Escobar Rolly Arenz Roland Tremblev Richard Tkach Kevin Connell Walter Munoz

FINANCIAL SECRETARY



Dear Brother Knights,

Wow, our council is really growing, thanks in no small part to our Grand Knight Peter Morales and Membership Director Bobby Velasquez. We have welcomed in nine new members recently as a result of a very successful membership drive. Let's make sure that we welcome these new members of our council at our next meeting.

An enhancement to the database now allows me to send out billing notices and other correspondence via email. If you would like to begin receiving your annual bill for dues via email instead of a hardcopy via the US Postal Service, let me know and I will update your records with that information.

I just want to remind everyone that we have several events planned for this year and we need all of you to help out when you can.

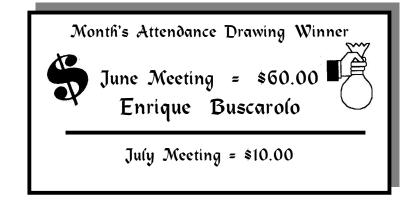
I hope to see all of you at the monthly business meetings.

JULY BIRTHDAYS

Anthony Galvan 7/1 Michael W. Morris 7/6 Michael T. Mordaunt 7/14 Richard J. Tkack 7/16 Walter Munoz 7/22 Leo J. Griego 7/29

Peace and all good

Michael Morris Financial Secretary Mw morris@verizon .net William G. Lambdin 7/2 Virgilo P. Garcia 7/11 Kenneth L. Peterson PGK 7/14 Dennis J. Montoya 7/21 Robert L. Escobar 7/25 Anthony L. Burkart 7/31 John E. Brunner 7/2 Mark J. Mooney 7/13 Mario Bica 7/16 Patrick T. Kirby 7/22 Joseph T. Lodding PGK 7/27 Joseph M. Choi 7/31



JULY 2013

Council 8599 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	7:00PM Officer Meeting Conference Room	"Independance	5	6
7	8	7:00 PM 4th Degree Meeting	7:30 PM Business Meeting in Ed Building	11	12	Adoration 9:00 AM - Noon Council Officer Training
I 4 After 8:00 AM Mass Installation of Officer's	15	16	17	18	8:30 AM H.O.P.E. Food Bagging	20
21	22	23	24	7:30 PM Chapter Meeting	26	8:30 AM H.O.P.E. Food Bagging
28	29	30	31	Jun 2013 S M T W T 2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 27	1 7 8 4 5 3 14 15 11 12 18 19	Aug 2013 T W T F S 1 2 3 6 7 8 9 10 13 14 15 16 17 20 21 22 23 24 27 28 29 30 31

ROSARY PRAYER FOR LIFE VIGIL'S

Abortion Site's in Long Beach & Orange (One Hour at Site)
Wednesday's & Friday's — Meet at St. Peter Chanel Church Parking Lot 8:45am
Contact George Kubeck 714-952-8886
For Trips to Abortion Site's During the Week

Contact Ray Richmond 714-827-4206 or Tom Nagle PGK 714-827-2214

MONTH'S ACTIVITIES

3 rd	OFFICER MEETING in Conference Room	7:00pm
4 th	"INDEPENDENCE DAY"	•
9 th	4th DEGREE MEETING at Father Kass Hall	7:30pm
10 th	BUSINESS MEETING in Ed Building	7:30pm
13 th	ADORATION (until 6:30am 14 th)	8:30am
13 th	COUNCIL OFFICER TRAINING Blessed Sacrament Church	9:00am-Noon
14 th	INSTALLATION OF OFFICER'S After	8:00am Mass
19 th	H.O.P.E. FOOD BAGGING	8:30am
25 th	CHAPTER MEETING at St. Joachim Parish Hall	7:30pm
29 th	H.O.P.E. FOOD BAGGING	8:30am

COMING IN AUGUST

7^{th}	OFFICER MEETING in Conference Room	7:00pm
13 th	ADORATION (until 6:30am 14 th)	8:30am
13 th	4th DEGREE MEETING at Father Kass Hall	7:30pm
14 th	BUSINESS MEETING in Ed Building	7:30pm
16 th	H.O.P.E. FOOD BAGGING	8:30am
22 nd	CHAPTER MEETING at St. Joachims Parish Hall	7:30pm
31 st	H.O.P.E. FOOD BAGGING	8:30am



COUNCIL BULLETIN ON-LINE

These monthly bulletin's are also available on-line and frequently it will have picture's of our various activities included in those issue's. To access go to:

- kofc8599
- Click on: Knights of Columbus Council 8599
- Click on: Newsletter

A MESSAGE FROM YOUR COUNCIL

.....RECORDER & JUSTICE & PEACE CHAIRMAN

Please read this statement from the California Catholic Conference of Bishops on Immigration of May 1, 2013.

"We believe that the necessary elements of reform ought to include:

- 1) An earned path to full legal status, and eventual citizenship, that is reasonable and attainable.
- 2) Provision for immigrants brought here as minors to swiftly gain legal status to continue their education and enter the workforce.
- 3) The reduction of immigration application backlogs so that families may be united more quickly.
- 4) A temporary worker program that is safe, workable for families and fair to all workers, immigrants and on-immigrants alike.
- 5) Restoration of due process protections restored for all immigrants involved with the immigration justice system.
- 6) Vulnerable populations protected, such as refugees and unaccompanied immigrant children.
- 7) A way of addressing the root causes of immigration.

As a retired federal immigration officer, I know our laws need reform. The Senate Debate is going on now. Please take a few minutes and let your representatives hear from you by e-mail or snail mail.

God Bless Frank Faecke

"If you want peace, work for justice" – Pope Paul VI "Peace begins with a smile" – Mother Teresa



PRO-LIFE NOTES



Dear Brother Knights

A recent misguided letter published in the Florida Times Union complained, "if you opposed to abortion, don't have one!"

Some "Choices" have Victims!

This type of argument is not only sad, but is a typical argument made by those who support abortion and other evils. In fact, it is an exactly similar to the rationale that was used to justify keeping slavery legal. Most people understand that we have to intervene to help the poor, the aids victim, the drug addict, the victim of crime and war. Even if we do not know the victims' names, or have never seen their faces, we know it is our business to help them. We do not hear them say, I would never rape or abuse a child, but if the other person wants to do so, that's her choice," The reason people do not say that is they realize that some choices have victims-----and our laws meant to protect these innocent victims. When somebody's "choice" destroys or threatens somebody else's life, that's everyone's business. It is, after all, the business of all Christians "to love one another.... This requires us to intervene to save our brothers and sisters in need. And no group of human beings needs our help more than the 3,500 innocents babies who are slaughtered each and every day in our nation.

Many oppose abortion but do not think anything can be done. However, the problem is not that there in nothing that can be done, but that there are not enough people doing the perfectly legal, peaceful and effective activities they can do to end abortion. That is why we all need to get involved!

Thomas Nagle PGK Pro Life Chairman

Thomas T. Nagle

INFORMATION ON MEMBERSHIP FROM YOUR.....



Dear Brothers,

Last month was really a busy month for our council, and time to start a new year with your support for our council. Our council held a 1st Degree and we have seven members that took their 1st Degree at our parish. Two more took their 1st Degree in Buena Park, so a total of nine new Brother Knights joined our council. Congratulations to Brothers William Aguilar, John Paul Velasco, Kevin Dwyer, Israel Rivera, Robert Mosier, Jorge Rodriguez, Joseph Choi, Chorm Thienngern, and Cirilo Diaz Jr. Brothers James King Jr. and Jorge Rodriguez took their 2nd Degree in Buena Park on June 23rd.

Congratulations to Brothers George Limar, Walter Munoz, James King Jr., Jorge Rodriguez, and William Aguilar who took their 3rd Degree's at St. Puis V in Buena Park on the 30th of June. The 2nd and 3rd Degree's were held on the same day and this is a first in our area. Please welcome and congratulate these Brother's who took their Degrees. Our councils District Deputy for next year is Past Chapter President, Steve Bolton, so please welcome him at our next business meeting. We wish Father Venancio Amidar well in his new parish, and will miss his great words to us at mass.

The next 1st Degree will be on Monday, July 22nd at Fr. Kass Council in Buena Park Candidates sign-in at 7:00 PM. The next 2nd degree will be on Sunday August 25th at Fr. Kass Council in Buena Park. If you are planning on taking your 4th Degree I have the form 4 that you need. Beings that I am on the subject of Degrees, I am looking for members for our 1st Degree team. The last 1st Degree that our council put on was not a very good because some of the team members were not present. I had to hustle to find members to take the Degree parts. If you take a part you have to be committed to be at the Degrees. The team has to work together and help set up the chamber, and I am getting tired of doing it myself with only a few that help. The last Degree I had to do two parts, and it is not easy putting the Degree together with so few helping, so please consider being on the team.

Have you recruited anyone lately?

Soly Velament

Fraternally
Bobby Velasquez, PGK, PFN, PDD,DM
Council Membership Director and Council Advocate
District Warden #96



Knights of Columbus Insurance Agent



SUPREME OFFICE ● COLUMBUS PLAZA ● NEW HAVEN CONNECTICUT

Shopping That All Men Should Do

By nature, most men do not like to shop. At the risk of sounding chauvinistic, that inclination seems more likely to drive our wives, daughters, mothers or other females we know. Sure, there are exceptions. Maybe you enjoy trips to the hardware store for a tool to help on a home improvement project. Maybe you're a collector or you like to shop for cars. Maybe you like to find the best deal on the newest high-tech gadget for your living room.

When you do decide it's time to make a purchase, if you're like me, you want to get the best value for your money. You want the best customer service possible. Sometimes, this requires lots of research and planning. But one of the most important purchases you can make can be put into motion through a simple meeting with me, a brother Knight.

The core product offered by the Knights of Columbus is not glitzy. It's not like a new car or a classic one. It's not like a laptop or a flat screen television. It's not something you can "show off" to your friends, but you can brag about it. Life insurance is something that everyone needs. If you have some life insurance, the odds are great that you need more. If you don't have any coverage, you should stop to consider all the benefits of a whole life policy. Remember, it's not about you. It's about your family.

When was the last time you shopped for life insurance? If the answer is "a long time ago" or "never," it's time you speak with me. Have you considered your retirement and how you will afford to maintain your current lifestyle? Our annuities can help. Is your income protected in the event of a serious illness or injury? Are you prepared to cover the expensive costs of long-term care should you or your spouse need it? The Knights of Columbus can help provide solutions to these common situations, too.

Please schedule an appointment with me today.

Michael D. Doss, FICF

Insurance Field Agent, Lic. #0G09061

Knights of Columbus Cell: 562.728.3601 Fax: 562.693.7844

Email: <u>Michael.Doss@kofc.org</u>
Website: www.kofc-shieldforlife.org

TCB Printing 714 952-1075

5¢

Self Serve Copies 8.5 x 11 20 lb bond

- Desk Top Publishing
- Laser Graphics
- Artwork
- Letterhead / Envelopes
- Business Cards
- Flyers

- Public Fax
- Rubber Stamps
- Typesetting
- Resume
- Carbonless Forms
- Pads

- Christmas Cards
- Catalogs
- Rolodex
- Tickets
- Newsletters
- Laminating

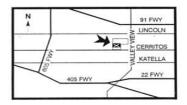
TCB Introduces Pre-Inked Rubber stamps while you wait.!!!

These stamps are Extreme High Quality that you won't find any where else! Visible Fine Lines, Pictures and Logos.

When you needed it yesterday, We have it here, NOW!!!!

TCB Printing

5903 Cerritos Ave. Cypress, CA 90630 (714) 952-1075 FAX (714) 952-8638



RUBBER STAMPS WHILE YOU WAIT!!!

PRE-INKED STAMPS

\$5.00 OFF any pre-inked stamp. Seven different sizes to choose from in black, red, blue or green ink.



\$17.00 87 X 2.36 reg \$22.00

actual size

Cypress Council Past Grand Knight's

Compton Taylor – Louis Fezza – Ted Sacks – Paul Schuster – Michael Bankers Gordon Johnson – Robert Megill – Carlos Chavez – Bobby Velasquez – LaVerne Schuster Conrado Sevilla – Earl Smith - Carl Cholewinski – Mark Magyar – Jesse Torres Thomas Nagle - Ira Pringle – Don Nadeau - Joseph Lodding – Donald Gargiulo Kenneth Peterson - Lloyd Duronslet – William J. Serb III



DIRECTORS & CHAIRMAN

Program Director	Thomas F, Nagle PGK	827-2214
Church Activities Director	Frank Faecke	952-2420
Vocations chairman	Frank Faecke	952-2420
Spiritual Retreats & Devotions Chairman	Gary Moore	826-3402
Sick & Distressed	Frank Faecke	952-2420
Bereavement Liaison	Peter A. Morales GK	402-8814
	Ira Pringle PGK	609-0055
Justice and Peace Chairman	Frank Faecke	952-2420
Community Activities Director	Peter Morales GK	402-8814
Pro-Life Chairman	Tom Nagle PGK	827-2214(H) 264-9161(C)
Blood Drive Chairman	Rolando Arenz	(562) 924-5335
	Lloyd Duronslet PGK	826-6977(H) 812-1126(C)
Helping Hands Chairman	Lloyd Duronslet PGK	826-6977(H) 812-1126(C)
Health Services Chairman	Dr. Modesto Paredes	891-0414
Mother's Day Flower Sales	Tom Nagle PGK	827-2214(H) 264-9161(C)
Vehicle Donation Chairman	Robert Marsh	995-6141
Council Activities Director	Ira Pringle PGK	609-0055
Charity Golf Fundraiser	Michael W. Mercer	821-4276
Pancake Breakfast Chairman	James Bowler	952-3809
ID Chairman	Valentin C. Anselmo	521-1869(H) 203-4174(C)
Ride Share Chairman	José Perez	826-3844
	Inan Herrmann	220-2209
Wheel Chair Chairman	Gary Moore	826-3402
Meeting Social Chairman	Kenneth Peterson PGK	527-2671(H) 815-3794(C)
Recognition Chairman	Ira Pringle PGK	609-0055
	Kenneth Peterson PGK	527-2671(H) 815-3794(C)
Fiesta Sausage Booth Chairman	Tom Nagle PGK	827-2214(H) 264-9161(C)
Phone Committee Chairman	Lloyd Duronslet PGK	826-6977(H) 812-1126(C)
Family Activities Director	Ken Peterson PGK	527-2671(H) 815-3794(C)
Activity Form Coordinator	Peter A. Morales GK	402-8814
Family Night Chairman	Virgil Smith	293-0739
Valentine Ladies Night Out	Don Gargiulo PGK	(562) 431-8488
Luau Chairman	Peter A. Morales GK	402-8814
	John J. Garcia	826-1788(H) 240-4019(C)
Christmas Party Chairman	Virgil Smith	293-0739
Council Annual Picnic Chairman	Lloyd Duronslet PGK	826-6977(H) 812-1126(C)
	Gene St. Amant	761-8125
Trick or Treat Activity Chairman	Bobby Velasquez PGK, PFN, PI	
Youth Activities Director	Rolando Arenz	(562) 924-5335
Free-Throw Contest Chairman	Rolando Arenz	(562) 924-5335
Essay & Poster Contest Chairman	Chris Nsor	994-1985
Special Olympics Chairman	Kenneth Peterson PGK	527-2671(H) 815-3794(C)
Cub & Boy Scout Chairman	Rolando Arenz	(562) 924-5335
Membership Director	Bobby Velasquez PGK, PFN, I	
Recruitment Drive Coordinator	Lloyd Duronslet PGK	826-6977(H) 812-1126(C)
Retention Chairman	Inan Herrmann	398-6655
Bulletin Editor	William J. Serb III PGK	826-6029



Phone: (562) 728-3601 FAX: (562) 693-7844

E-Mail: Michael.doss@kofc.org

Michael D. Doss **Insurance Field Agent**

Agent Department Knights of Columbus

P.O. Box 99 Seal Beach, CA 90740 CA LIC. #OGO9061

R.H. Tremblay Construction Brick & Stucco



Mail - P.O. Box 1214 (714) 827-2829

Construction Yard 8302 Gay Street Cypress, CA 90630



"This Space" Available Low Rates

Contact: Michael Morris (562) 366-1537

These Are The

Seminarian's Your Council Support

We Support Them Financially As Well As In Our Prayer's

Michael So & Phung Nguyen



La Habra Life Center

Free Pregnancy Tests **Confidential Counseling Services** Pre Natal Care Pregnancy Information Services & More

> (562) 691-9395 www.lahabralifecenter.com

FLEMING ELECTRIC

New Construction / Remodel

Repair / Design / Upgrade Call (714) 726-0274

Free Estimates

I flemingelectric@ymail.com

Over 25 Years Experience

License 959283



Sir Knight Carl M. Cholewinski PGK



Carl & Tony Bottom Right



Year's Ago

Brother Joe White

Putting on a Magic Show





Farewell To Our Council Chaplain

Father Venancio Amidar Who Has Been Transfered To Another Parish



Council's Sponsored

St. Irepaeus School SSAY (POSTER CONTEST



Essay Contest Winner

Ashlyn Sala

Poster Contest Winner





Presented At School Award Ceremonies
By

Chancellor Rolando Arenz